

Participation in active sports (1)

Jogging remains the most popular activity for all pupils

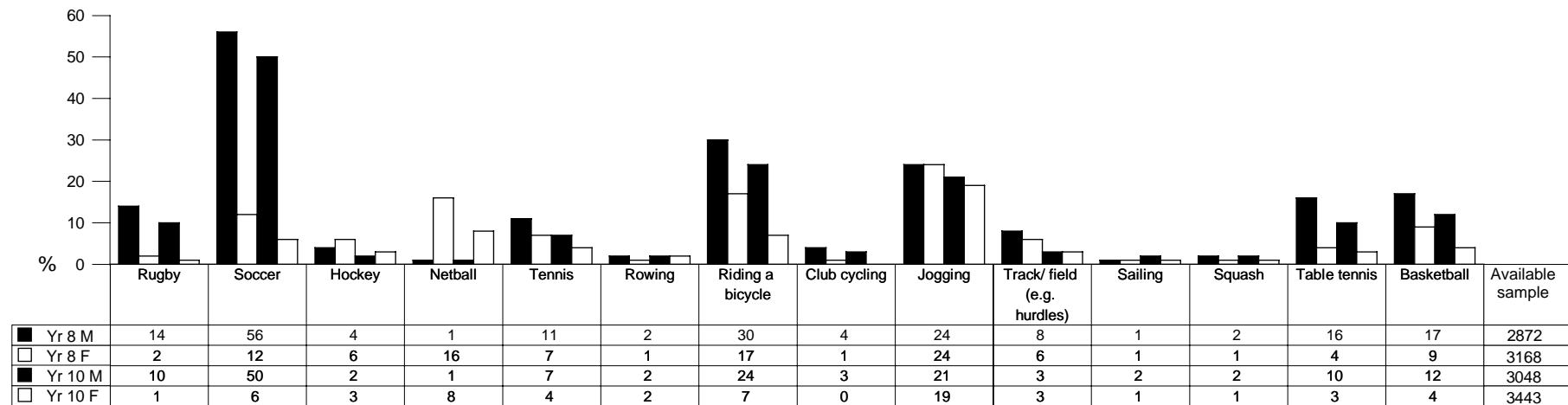
Sports and activities participated in, at least weekly, during the past 12 months outside school

The responses to this question have been divided into three pages.

Comments

1. These figures should be seen in the context of the figures on the following pages.
2. *Jogging* replaces *Riding a bicycle* as the most popular activity for all groups and, like most other activities, drops in popularity as pupils get older.

1. These sports and activities are carried out in the pupils' own time or in school clubs and not in school lessons.
2. There is a decline in these activities as pupils get older.



Participation in active sports (2)

Fitness/aerobics remains the only activity to show a slight, upward trend

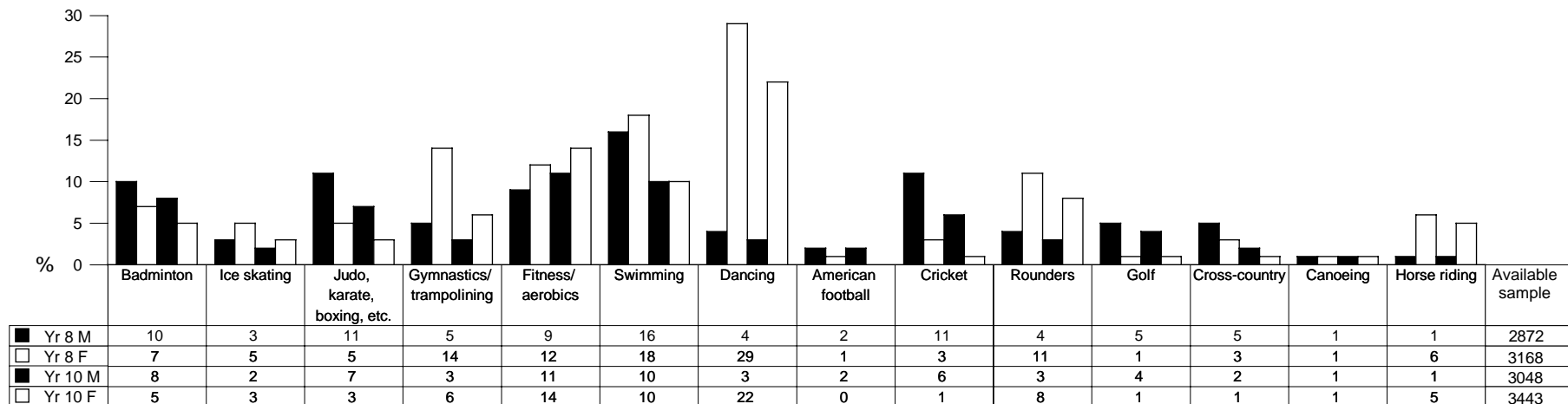
Sports and activities participated in, at least weekly, during the past 12 months outside school

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1. *Swimming, Judo, Cricket and Badminton* are the most popular activities for males and *Dancing/kitness/aerobics* for females in this section
2. *Swimming* is the activity that attracts overall support.
3. *Fitness/aerobics* remains the only activity to show a slight, upward trend.

Comments

1. Once again the figures refer to activities outside of school lessons and there is also a decline in most activities.
2. Over the last ten years *Fitness/aerobics* has remained the only activity to show an upward trend as pupils get older.
3. *Dancing/keep fit* remains the most popular activity for 12-13 year and 14-15 year old females although it declines slightly as pupils get older.



Participation in active sports (3)

Going for a walk remains a popular choice

Sports and activities participated in, at least weekly, during the past 12 months outside school

The responses to this question have been divided into three pages.

Comments

1. 27% of the Year 10 females and 21% of the Year 8 females do not participate in any active sport on a weekly basis.
2. The increase in popularity of *weight training* for the males is against the general trend of decreasing involvement.
3. *Going for walks* was a new category in 2002 and is a popular activity particularly with females.

1. Pupils were also asked about which activities they *would like to start doing or do more of*. Up to 16% of the older females said : *Dancing/Swimming/Jogging/Ice skating*.

