

THE CAMBRIDGESHIRE

ENHANCED HEALTHY SCHOOLS PROGRAMME

Identifying Priorities • HRS Datasets

	Big Plan 2	NIS (Cams LAA in bold)	Primary Data	Secondary Data	Notes
Be Healthy Physically Healthy	Priority 1.1 Safe places to play and access to positive activities	NI 57 Percentage of 5-16 year olds participating in at least 2 hours per week of high-quality PE and sport at school and the percentage of 5-19 year olds participating in at least 3 further hours per week of sporting opportunities NI198 Children travelling to school - mode of travel usually used NI110 Young people's participation in positive activities	% stating they 'enjoy exercise' 'a lot' or 'quite a lot'	% stating they enjoy exercise a lot or quite a lot	Look for gender differences and data for different types of activities chosen/desired
			% judging they are 'fit' or 'very fit'	% judging they are "fit" or "very fit"	
			% who had exercised 3 times in previous week (To breathe harder)	% who had exercised 3 times in previous week (To breathe harder)	
			% who had participated in a sport/activity at least weekly in last 12 months	% who had participated in a sport/activity at least weekly in last 12 months	
Be Healthy Emotional Health & Wellbeing	Priority 1.2 Tackling bullying and discrimination	NI 50 Emotional health and well-being - children and young people NI58 Emotional and behavioural health of looked after children NI51 Effectiveness of child and adolescent mental health services NI69 Children who have experienced bullying	% with high self-esteem	% with high self-esteem	Look at highest ranking "worries" and also data about where they would prefer to access help Look at data about frequency of bullying, form/method and perceived cause
			% who say "The school teaches me how to deal with my feelings positively"	% who found lessons on emotional health "useful" or "very useful"	
			% who say they have been afraid to go to school because of bullying at some time	% who say they have been afraid to go to school because of bullying at some time	
			% with at least one issue about which they worry 'quite a lot' or 'a lot'	% with at least one issue about which they worry "quite a lot" or "a lot"	
Be Healthy Sexual Health	Priority 2.2 Improving health for all and narrowing the gap in health outcomes for specific groups of children and young people	NI112 Under 18 conception rate NI113 % of chlamydia in under 20 year olds	% who said they could "usually or always say no" if a friend asked them to do something they didn't want to	% accurate responses relating to contraception effectiveness	The Teenage Pregnancy and Sexual Health Team can supply teenage conception rate data for your locality
			% who feel they know enough about body changes	% aware of local sexual health/relationships advice services	
			% who said adults had talked to them about body changes in school lessons	% who found their SRE useful or very useful	
			% who had been approached and scared by an adult they did not know	% who had had sex or were currently in a sexual relationship (Y10 only)	
				% who had had sex and never used a method of protection (Y10 only)	
Be Healthy Healthy Lifestyles	Priority 2.2 Improving health for all and narrowing the gap in health outcomes for specific groups of children and young people	NI55 Obesity among primary school age children in Reception Year NI56 Obesity among primary school age children in Year 6 NI52 Percentage of pupils who have school lunches	% saying they would like to lose weight	% saying they would like to lose weight	Look for increase in boys wanting to lose weight and also instances of desired weight gain
			% stating they had nothing to eat or drink before lessons	% stating they nothing to eat for breakfast	
			% who ate fresh fruit/ vegetables/salad on most days	% who ate fresh fruit/vegetables/salad on most days	
			% who spent their own money on sweets/chocolates	% who found lessons on healthy eating "useful" or "very useful"	
Be Healthy Choose not to take illegal drug	Priority 2.1 Improving outcomes for all and specific groups of children and young people	NI115 Reduce the proportion of young people frequently using illicit drugs, alcohol or volatile substances	% who had an alcoholic drink in the last week	% Using alcohol in previous week	Talk to local drug and alcohol services about their perceptions of young people's behaviour
			% who said their parents 'always' or 'usually' know if they drink alcohol	% Consuming more than 10 units of alcohol per week	
			% who said they knew someone who used illegal drugs	% who said they knew someone who used illegal drugs	
			% who had been offered cannabis	% who had ever used an illegal drug	
			% who had ever smoked a cigarette	% who were regular smokers	
			% who said adults had talked to them about drugs in school lessons	% who said their drug education was useful or very useful	
Stay Safe Safe from bullying	Priority 1.2 Tackling bullying and discrimination	NI69 Percentage of children who have experienced bullying	% who say they have been afraid to go to school because of bullying	% who say they have been afraid to go to school because of bullying	Look at data about frequency of bullying, form/method and perceived cause Look for data which shows how young people rate the usefulness of anti-bullying measures in school
			% who said that they had been bullied in or near school	% who said that they had been bullied in or near school	
			% who said that others had been afraid of being bullied by them	% who said that others had been afraid of being bullied by them	
			% of those reporting bullying who gave reason as "colour, race, religion or beliefs"	% of those reporting bullying who gave reason as "colour, race, religion or beliefs"	

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Identifying Priorities • HRS Datasets

Step 1 • Establishing Priorities

Review the summary of your latest HRS Data

This could involve:

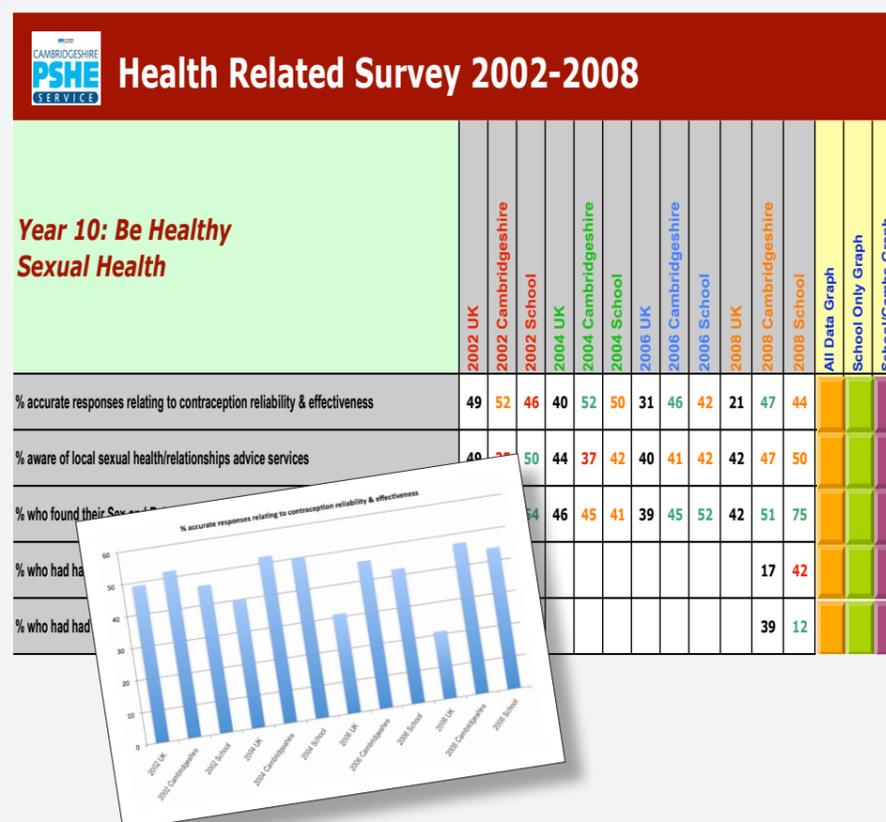
Either:

Looking at each section and identifying those where there appears to be significant variation from Cambridgeshire or national averages - this will be shown most clearly by any results that are in red. It may help to produce graphs using the coloured buttons to the right of the data. It is important to look for trends - are results improving or getting worse since 2002? (See Glossary for more information on trends)

Or

Choosing a section or sections that you are aware are existing priorities for your community. This could have come from other data sources such as the rate of teenage pregnancies in your community or from discussions you have had with health partners and/or your Locality Team. Look to see if the data confirms, challenges or illustrates this priority choice using the approaches described above.

Note that each Section is linked to the current National Indicators (NIs) that specify current national and Cambridgeshire priorities. This ensures that your work links directly to the achievement of Cambridgeshire targets



Step 2 • Further Questions - Exploring the Data

When you have identified or confirmed your priorities, There may well be further questions that you would like to answer or address.

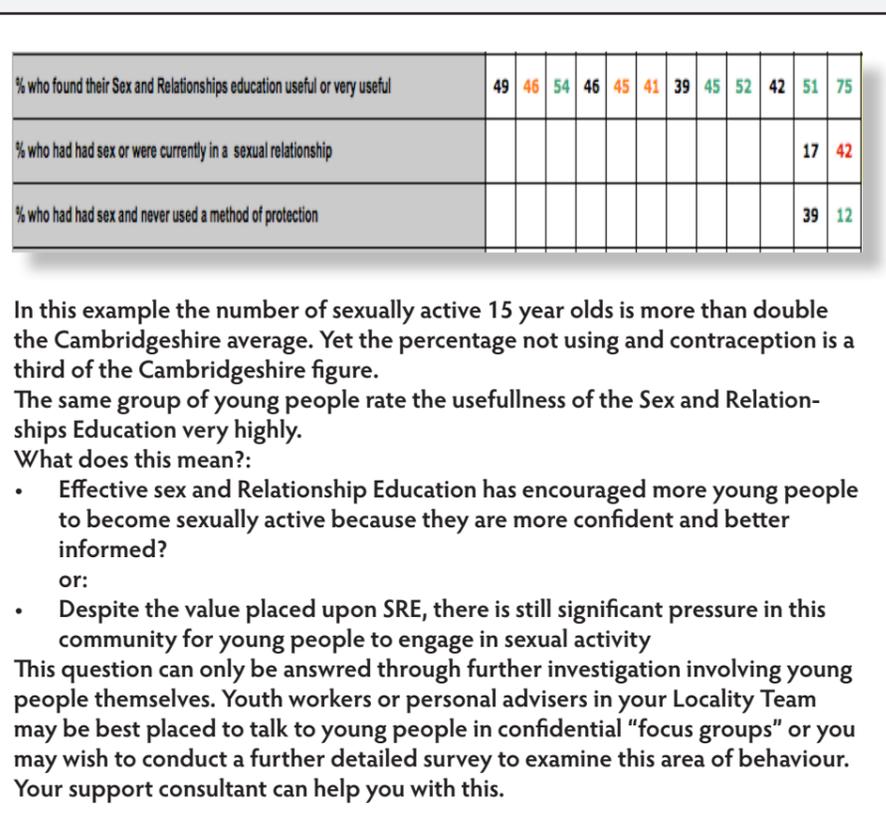
This could involve:

Either:

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Additional National Indicators

The following National Indicators (NIs) may also be a useful focus for some schools in identifying Priorities and Meaningful Outcomes:

NI Serious knife attacks

N33 Arson attacks

NI 48 Children killed in road traffic accidents

NI 54 Services for disabled children

NI111 First time entrants to the youth justice system aged 10 -17

NI116 Proportion of children in poverty

NI117 16 -18 year olds not in Education, Employment or Training (NEET)