

Kate Birch is the Healthy College Coordinator at Huddersfield New College. [KHCS website](#)

## Kate Birch

# Kirklees Healthy College Standard

The Kirklees Healthy College Standard (KHCS) was produced after 2 years' work and consultation by a partnership from Huddersfield New College and the Kirklees Healthy Schools Team.

It is on similar lines to the National Healthy Schools Standard but appropriate to the 16-19 age group and was initially available in October 2003.

A National Healthy College network (now well over 200 members strong) was also set up to pilot the standard and share

good practice. This has attracted interest from both Health and Education.

The KHCS has proved a hugely successful tool for colleges to audit their approach to health and to plan ways of improving provision for students and staff. Essential features include the setting up of a cross college task group supported by senior managers and involvement of students and staff in decision making on health related issues.

The standard not only enables colleges

to address Every Child Matters outcomes but also includes other criteria such as Staff Wellbeing.

The National CAMHS Support Service and LSN have kindly supplied funding which has enabled the KHCS to be available free to all colleges (Sixth Form and Further Education).

The new 2006 version features a revised Student Wellbeing criterion with a strong focus on Emotional Wellbeing and was written by network members.

## National 'Healthy Colleges' Conference

TUESDAY 27TH FEBRUARY 2007

The Waterside Conference Centre • Wigan Investment Centre • Waterside Drive • Wigan • WN3 5BA

The first national conference's objectives are to:

- Give the background to healthy colleges work in England, understand the current situation and have an opportunity to discuss future developments
- Explore how the role of healthy colleges can be an effective vehicle for delivering national and local strategies, e.g. 'Every Child Matters' and 'Choosing Health'
- Share and develop learning from colleges and partners to deliver a 'Healthy Colleges' approach
- Develop networking and partnerships across FE and its partners

Draft programme

- 9.00 am Arrival, tea/coffee  
9.30 am Introduction  
Rona Cruickshank  
Public Health Directorate,  
Ashton, Leigh & Wigan Primary  
Care Trust
- 9.35 am Background to & overview of  
Healthy Colleges work  
Kate Birch  
Healthy Colleges, Huddersfield  
Sharon Doherty  
Healthy Settings Unit, UCLAN
- 10.00 am Snapshot of 16-18 yrs Lifestyle  
Angela Balding  
Students Health Education Unit

- 10.10 am Healthy College links to LSC  
Sustainability Strategy  
Speakers to be confirmed
- 10.30 am Delivering key strategies through  
Healthy Colleges  
Speaker to be confirmed
- 10.50 am Questions/discussion
- 11.00 am BREAK / NETWORKING
- 11.15 am \*Participatory Workshops - sharing  
good practice
- 12.30 pm LUNCH
- 1.15 pm Selling the idea  
College Vice Principal and  
students, Wigan & Leigh College
- 1.30 pm \*Participatory Workshops - sharing  
good practice
- 2.20 pm \*Participatory Workshops - sharing  
good practice  
(includes summary of key  
issues/actions)
- 3.20 pm BREAK
- 3.30 pm Plenary & key actions  
Summary comments Kate Birch
- 4.00 pm CLOSE

\*Participants will be able to attend 3 out of 6 workshops offered below:

- Getting started - How to audit needs and involve the college community
- Building partnerships - Ensuring

- sustainability and accessing funding
- Delivering 'Every Child Matters' through the Healthy Colleges
- Healthy Food in Colleges - Changing the college environment
- Smoking Issues - Working towards a smoke-free environment
- Supporting the mental health and well-being of the whole college community

Venue

The Waterside Conference Centre is situated within walking distance of Wigan town centre and the railway and bus stations. It is approximately 2 miles from the M6, with excellent parking facilities. The Centre is fully accessible and has natural daylight.

Conference Fee

The cost of the conference is £75.00 per delegate. This includes refreshments and a conference pack.

How to Book

Please contact :  
Wilf Cawthorne, (Resource Officer)  
ALWPCT, Health Development Service  
c/o Bryan House, 61 Standishgate,  
Wigan WN1 1AH  
[Wilf.Cawthorne@alwpct.nhs.uk](mailto:Wilf.Cawthorne@alwpct.nhs.uk)  
Tel No 01942 481736